

HEART FAILURE PROGRAM OUTCOME

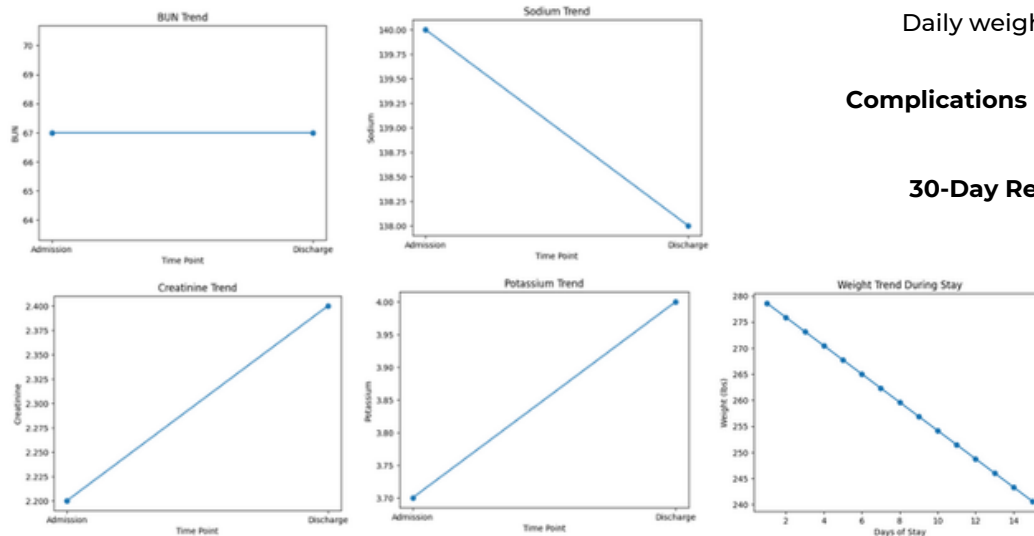
Patient Information

Admit Date: February 4, 2026
 Facility: Touchpoints at Bloomfield
 Primary Diagnosis:
 Acute Decompensated Heart Failure
 Discharge Date: February 19, 2026
 Length of Stay: 15 days



Summary

This is a 79-year-old male admitted with decompensated heart failure. Care coordination included near-daily assessments by the Transitional Care Nurse and twice-weekly evaluations by Dr. Bhuiyan to ensure appropriate response to therapies & prevent complications. He demonstrated significant clinical improvement, achieving a weight loss of 38lbs, with no episodes of new-onset acute kidney injury despite aggressive diuresis. Overall, he responded well to therapy with marked improvement in volume status & respiratory function.



Admission

Weight

278.6lbs

Laboratory Values

BUN 67, Cr 2.2, Na 140, K 3.7

Edema

+3 bilateral lower extremity edema

6-Minute Walk

N/A

CHF Protocol

Daily weights, Weekly labs,
2gm Na diet

Complications and Resolutions

Recent AKI

30-Day Re-Hospitalization

No

Discharge

Weight

240.6lbs

Laboratory Values

BUN 67, Cr 2.4, Na 138, K 4.0

Edema

No bilateral lower extremity edema

6-Minute Walk

N/A

American Heart Association

Discharge packet and education
worksheets provided

**Weight scale declined, has a scale
at home**

Follow Up Appointments

Cardiology 2/24/26
PCP 2/26/26

Discharge Destination

Home with HH at Home

Plan For Follow-Up

3, 10, 30-day follow up phone calls
post discharge



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